

WEEK 3

NUTRITIOUS

THREE WEEK MENU

AUTUMN/WINTER 2026

Our new menu chosen by parents and children – Your favourites available every day



Chartwells
Schools

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES					
OPTION 1	Beany Chilli with Baked Nachos with Wholegrain Rice 🌱 🌱 🌱	Chinese Vegetable Noodles 🌱 🌱	Quorn Roast with Mashed Potato, Yorkshire Pudding and Gravy 🌱	Macaroni Cheese 🌱	Quorn Dippers with Chips 🌱
OPTION 2	Cheese and Tomato Pizza with Pesto Pasta 🌱 🌱	Homemade Sausage Roll with Herby Diced Potatoes	Roast Chicken with Potatoes, Yorkshire Pudding and Gravy	Beef Bolognese with Wholewheat Pasta 🌱 🌱	Southern Fried Chicken with Chips
OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌱	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌱	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌱	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌱	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌱
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD					
DELI DISHES					
OPTION 4	Ham Sandwich	Cheese Sandwich 🌱	Chicken Sandwich	Cheese Wrap	Egg Sandwich
OPTION 5	Egg Sandwich	Ham Wrap	Cheese Wrap 🌱	Tuna Sandwich	Cheese Wrap
DELI DISHES ARE SERVED WITH MIXED SALAD					
DESSERT	Oat Cookie with Fruit 🌱 🌱	Vanilla Ice Cream	Banoffee Pie	Chocolate Sponge with Chocolate Custard	Chocolate Cookie

AVAILABLE DAILY



FRESH FRUIT, SALAD, YOGHURT AND WATER



BAKED POTATOES
With a choice of topping 🌱 🌱

- 🌱 Vegetarian
- 🌱 Vegan
- 🐟 Oily Fish
- 🍎 Fruity!
- 🌾 Wholegrain
- 🍷 Nutritionist's Choice
- 🍴 Halal Available

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W/C: 14/09/2026, 05/10/2026, 26/10/2026, 16/11/2026, 07/12/2026, 28/12/2026, 18/01/2027, 08/02/2027, 01/03/2027
Menu_181_020656

WEEK 1

FRESH!

WEEK 2

HOT DISHES

TASTY

DELI DISHES

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	BBQ Vegetable Wrap with Wholegrain Rice   	Bean and Cheese Pastry Turnover with Herby Diced Potatoes 	Sweet Potato and Chickpea Roast with Stuffing and Gravy  	Vegan Meatball Baguette with Potato Wedges 	Veggie Fingers with Chips 
OPTION 2	Cheese and Tomato Pizza with Pesto Pasta  	Pork Meatball Sub with Herby Diced Potatoes	Roast Chicken with Roast Potatoes, Stuffing and Gravy	Lasagne with a Garlic Doughball  	Fish Fingers with Chips
OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta  	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta  	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta  	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta  	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta  
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD					
OPTION 4	Ham Sandwich	Cheese Sandwich 	Chicken Sandwich	Cheese Wrap	Egg Sandwich
OPTION 5	Egg Mayonnaise Sandwich 	Ham Wrap	Cheese Wrap	Tuna Mayonnaise Sandwich	Cheese Wrap
DELI DISHES ARE SERVED WITH MIXED SALAD					
DESSERT	Lemon Cookie 	Chocolate Ice Cream	Apple Crumble with Custard  	Chocolate Marble Cake	Chocolate Crispy Bar

HOT DISHES

DELI DISHES

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Spicy Tomato Pasta Bake with a Garlic Doughball  	Beany Vegetable Burger with Potato Wedges  	Roast BBQ Quorn with Mashed Potato, Yorkshire Pudding and Gravy 	Vegetable Korma with Wholegrain Rice   	Quorn Dippers with Chips 
OPTION 2	Cheese and Tomato Pizza with Pesto Pasta  	Beef Burger with Herby Diced Potatoes	Roast Pork with Potatoes, Yorkshire Pudding and Gravy	Chicken and Sweetcorn Pie with Mashed Potato	Fish Fingers with Chips
OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta  	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta  	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta  	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta  	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta  
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD					
OPTION 4	Ham Sandwich	Cheese Sandwich 	Ham Sandwich	Cheese Sandwich 	Egg Sandwich
OPTION 5	Egg Sandwich	Ham Wrap	Cheese Wrap	Tuna and Sweetcorn Wrap	Cheese Wrap
DELI DISHES ARE SERVED WITH MIXED SALAD					
DESSERT	Chocolate Cookie 	Strawberry Ice Cream	Cornflake Tart with Fruit Slices 	Chocolate Fudge Cake	Ginger Biscuit

FRUITY!

AVAILABLE DAILY



FRESH FRUIT, SALAD, YOGHURT AND WATER



BAKED POTATOES With a choice of topping  

 Vegetarian  Vegan  Oily Fish  Fruity!  Wholegrain
 Nutritionist's Choice  Halal Available

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W/C: 31/08/2026, 21/09/2026, 12/10/2026, 02/11/2026, 23/11/2026, 14/12/2026, 04/01/2027, 25/01/2027, 15/02/2027, 08/03/2027

AVAILABLE DAILY



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BAKED POTATOES With a choice of topping  

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